

## Abstract of the Disclosure

## Vaginal-Anal Rinser

I have invented a unique apparatus similar to the hot water bottle, except that it uses tap water. Those embarrassing brown spots on your underware are proof positive that feces, acids and ammonia are present on your private body increments after a bowel or urine movement.

This invention is the answer to a new method of cleansing your private body increments and predicting a bowel movement. It relieves constipation, bloating, irritation and embarrassing brown spots on your underware.